



REVISED 9/20/23 TO ALIGN WITH THE 5TH- & 6TH-GRADE OWL CLASS!

UUCMP 7th- & 8th-Grade OWL Schedule

| Date | Lesson | Topic | |
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| 2023 | | | |
| September 10 | Workshop 1 | <i>What is Sexuality</i> | Unit 1: Introduction |
| September 17 | Workshop 2 | <i>Examining Values</i> | Unit 1: Introduction |
| September 24 | Workshop 3 | <i>The Language of Sexuality</i> | Unit 1: Introduction |
| October 01 | <i>Fall Break</i> | | |
| October 08 | <i>Fall Break</i> | | |
| October 15 | Workshop 4 | <i>Anatomy & Physiology</i> | Unit 2: You as a Sexual Being |
| October 22 | Workshop 5 | <i>Personal Concerns About Puberty</i> | Unit 2: You as a Sexual Being |
| October 29 | Workshop 6 | <i>Body Image</i> | Unit 2: You as a Sexual Being |
| November 05 | Workshop 7 | <i>Gender Identity</i> | Unit 2: You as a Sexual Being |
| November 12 | Workshop 8 | <i>Gender Expression, Roles, and Stereotypes</i> | Unit 2: You as a Sexual Being |
| November 19 | <i>Thanksgiving Break</i> | | |
| November 26 | <i>Thanksgiving Break</i> | | |
| December 03 | Workshop 9 | <i>Sexual Orientation</i> | Unit 2: You as a Sexual Being |
| December 10 | Workshop 10 | <i>Guest Panel (LGBTQ+)</i> | Unit 2: You as a Sexual Being |
| December 17 | Workshop 11 | <i>Sexuality & Disability</i> | Unit 2: You as a Sexual Being |
| December 24 | <i>Winter Holidays</i> | | |
| December 31 | <i>Winter Holidays</i> | | |
| 2024 | | | |
| January 07 | Workshop 12 | <i>Healthy Relationships</i> | Unit 3: Relationships |
| January 14 | Workshop 13 | <i>Relationship Skills</i> | Unit 3: Relationships |
| January 21 | Workshop 14 | <i>Sexuality, Social Media, & the Internet</i> | Unit 4: Contemporary Issues |
| January 28 | Workshop 15 | <i>Bullying & Bystander Responsibilities</i> | Unit 4: Contemporary Issues |
| February 04 | <i>Pledge Drive Kick-off</i> | | |
| February 11 | Workshop 16 | <i>Redefining Abstinence</i> | Unit 5: Responsible Sexual Behavior |
| February 18 | Workshop 17 | <i>Lovemaking</i> | Unit 5: Responsible Sexual Behavior |
| February 25 | <i>Presidents' Day</i> | | |
| March 03 | Workshop 18 | <i>Consent Education</i> | Unit 5: Responsible Sexual Behavior |
| March 10 | Workshop 19 | <i>Sexually Transmitted Infections</i> | Unit 6: STIs, Pregnancy, & Parenting Decisions |
| March 17 | Workshop 20 | <i>Pregnancy, Parenting, and Teenage Parenthood</i> | Unit 6: STIs, Pregnancy, & Parenting Decisions |
| March 24 | Workshop 21 | <i>Unintended Pregnancy Options</i> | Unit 6: STIs, Pregnancy, & Parenting Decisions |
| March 31 | <i>Easter Sunday</i> | | |
| April 07 | Workshop 22 | <i>Contraception and Safer Sex</i> | Unit 6: STIs, Pregnancy, & Parenting Decisions |
| April 14 | <i>Spring Break</i> | | |
| April 21 | Workshop 23 | <i>Sexual Decision Making</i> | Unit 7: Communicating About Sexuality |
| April 28 | Workshop 24 | <i>Communicating with a Sexual Partner</i> | Unit 7: Communicating About Sexuality |
| May 05 | <i>Annual Congregational Meeting</i> | | |
| May 12 | Workshop 25 | <i>Self-Care, Celebration, and Closure</i> | Unit 7: Communicating About Sexuality |