



# NUUSLETTER

of the Unitarian Universalist Church of the Monterey Peninsula

Theme: Repair

Sunday Service at 10:30 a.m. in person and via Zoom online meeting app

**November 3**

**“Restoring a World Worthy of Our Children”**  
Rev. Axel Gehrman and Worship Associate Ray  
Krise

Every week, when we extinguish our chalice toward the end of our worship service, we say, we strive to be “the hands of justice restoring a world worthy of our children.” But what do these words mean? Are we trying to return to some earlier, more innocent time when the world was a better place? Or did we break something that we now want to fix? And what does “justice” have to do with it?

**November 10**

**“Healing Is a Process”**  
Rev. Elaine Gehrman and Worship Associate  
Jon Czarnecki

We know that the human body, mind and heart all have remarkable powers to heal after injury. Bones knit back together, fears calm, love blooms again. And yet, none of this is quick or easy. The process of healing requires patience, attention and often courage. This post-election Veteran's Day weekend we will explore the importance of the healing process.

## Religious Exploration

Children (pre K - 11) and teens (12-18) attend our worship service on Sundays and go to their respective Religious Exploration classes following the Story for All Ages.

**November 17**

**“Of Grief and Growth”**  
Rev. Axel Gehrman and Worship Associate Celia  
Barbarena

The experience of loss is one of the most challenging, and also universal of human realities. How can we come to terms with the inevitable losses we will face, the complicated feelings of grief we will encounter - and how can we find healing?

**November 24**

**“Repair-ations”**  
Rev. Elaine Gehrman and Worship Associate  
Allysson McDonald

Reparations are a form of repair, a restoring of right relationship, an acknowledgment of past harms and a desire to commit to future care and accountability. As we think about all we are grateful for on this Sunday before Thanksgiving, let us consider how we might do a better job at repairing relationships with the Indigenous people whose ancestors inhabited these lands.

## In This Issue . . .

Page	10 Join Our Church
	10 Mission Statement
2 Ministers' Message	10 Affinity Groups
2 Welcome New Members	10 Worship Associates Needed
3 Men's Breakfast	11 Men's I-HELP Meal Train
3 Publication Deadlines	11 Grief Group
3 Scheduled Events	12 Art News
4 Religious Exploration	13 Environmental Justice
5 Musical Offerings	14 Vegetarian Recipe
5 Book Discussion	15 Breeze Directory
6 Faridany/Hoogland Concert	15 Lucy Faridany & Janneke Hoogland
7 President's Corner	
7 Share Offering 2025	See the calendar at
8 Friendsgiving Potluck	<a href="http://www.uucmp.org">www.uucmp.org</a>
9 November Shared Plate	
9 Celebration of Life	



## Ministers' Message

Rev. Elaine Gehrman

There's a great quote circulating online by psychotherapist Francis Weller, "The work of a mature human being is to carry grief in one hand and gratitude in the other and to be stretched large by these two things." I really like that image -- grief and gratitude, one held in each hand, linked, inevitable, and inviting us to stretch ourselves wide to encompass them both, expanding between them our range of emotion, and our compassion. We share these inevitable grief and gratitude experiences with all of our fellow humans . . . as we sing in our hymn "joy and woe are woven fine . . ."

This month, our worship theme is "Repair," which seems very timely. The November election, with all of its tension, controversy, fears, and foes, will test our abilities to bear conflict and to find ways to move forward. The Thanksgiving harvest holiday many of us celebrate joyfully also carries with it the burden of a painful history for Indigenous people. We do have much for which to be grateful, AND we have much for which to grieve.

We have more power than we often realize, more agency. Taking on the work of repair-

ing, healing, mending, and restoring, can give us hope in the midst of grief. Gratitude can inspire us to engage in reparative actions, to wish for others the good things we have, to share our bounty, to expand our compassion.

Our services this month will focus on a variety of ways we can work to repair ourselves, others and our world. Come stretch with us, as we encircle the hurting world with more love and compassion and healing.

See you in church,

*Elaine*



## Welcome to new members Rick and Heather Reimer

Rick and Heather live with their adopted dog, Bozo, in PG's Asilomar Dunes district. They have lived there for 32 years and have grown to love the fog. Before moving to Pacific Grove, they spent 17 years raising their two children in Walnut Creek. Both as individuals and as a married couple, they had been members of the Presbyterian church for many years. However, they are now excited to be learning about and becoming part of the UUCMP community. Rick and Heather were introduced to the I-HELP program through Mayflower Presbyterian Church in PG in the early 1990's. They were fortunate to be able to participate in the program when a Monterey chapter was just getting organized, and are delighted that UUCMP has such a strong, supporting role with I-HELP now. They hope that they can continue to participate in the program in the years ahead.



## Men's Breakfast

**Saturday, November 9, at 8:30 a.m.**

The men's monthly breakfast is continuing, as hybrid. Our next meeting is Saturday, November 9, from 8:30 a.m. to 11:00 a.m., in the Fireplace Room. People will bring in food of their choice to the in-person meeting. If you prefer, you can join us via Zoom from home at 9:00 a.m.

Zoom Meeting ID is: 975 5961 1965. Passcode: 408070  
On a phone (call 669-900- 9128)  
Or with a computer - simply click on this link:

<https://zoom.us/j/97559611965>



The breakfast is open to all who identify as male or gender fluid. Our conversation is confidential. If you are joining us in person, please RSVP to Mike Lovell [lovellmike50@hotmail.com](mailto:lovellmike50@hotmail.com) so that we will have an idea of how much food to bring. If you have any dietary restrictions, please bring your own food.



## PUBLICATION DEADLINES

ANNOUNCEMENTS for SUNDAYS from the pulpit are due by 9 a.m. on Wednesdays.

ARTICLES for THE WEDNESDAY WEEKLY NEWSLETTER email are due by noon, on Tuesdays. MONTHLY NUUWSLETTER articles are due by the 16th of each month.

## SCHEDULED EVENTS

**Adult Community Choir** meets Thursdays, 7 p.m. in the Sanctuary and via Zoom.

**Board of Trustees** meets Wednesday, November 20, at 5:30 p.m.

**Buddhist Sangha** is every Wednesday at 7 p.m. in person in the Sanctuary. Zoom is available. See page 10.

**Concert** *A Magical Journey to Soothe the Soul*, Saturday, November 2, 3 p.m. See pages 6 and 15.

**Environmental Justice** meets at noon, Sunday, November 10, in the Sanctuary and via Zoom.

**First Friday Game Night** is Friday, November 2, 6:30 p.m. in the Fireplace Room.

**I-HELP for Men** is Sunday, November 10, 5 p.m. Sign up on the Meal Train (page 11) or contact Rose Lovell or Steve Smaby if you can help.

**I-HELP for Women** is Sunday, November 24. For more information contact Mibs McCarthy.

**Membership Committee** will not meet in November.

**Men's Breakfast Group** meets Saturday, November 9, 8:30 a.m. in person and 9 a.m. via Zoom. See article at left.

**Music Committee** meets Tuesday, November 26, at 6 p.m. via Zoom.

**NUU'sletter deadline** for the December issue is Saturday, November 16.

**Program Council** meets Tuesday, November 5, 12:30 p.m., via Zoom. Contact Mibs McCarthy [programcouncil@uucmp.org](mailto:programcouncil@uucmp.org)

**Social Justice** meets Sunday, November 3, at noon in the Sanctuary and via Zoom.

**Stewardship** meets Wednesday, November 6, 1:00 p.m. via Zoom.

**T'ai Chi Chih** meets Tuesdays at 4 p.m. in the Sanctuary. See page 10.

**Youth Music** may be starting again. If you are interested, please send Jorge an email: [music@uucmp.org](mailto:music@uucmp.org)

# RELIGIOUS EXPLORATION



## Repair

Dear UUCMP Families,

Our theme for the month of November is *Repair*. Sometimes repair is so challenging we might be tempted to abandon an idea, a project, a friendship. One of the most important skills we can learn is how to repair and grow after the damage strikes.

We will continue to note the changes of the season, perhaps there may finally be a chill in the air. I hope that sweater weather will finally unveil itself so we can cozy up with warm drinks and soup! November invites an opportunity to slow down and remember what we have with gratitude.

Our **Committee on Family Ministry (CoFM)** will move to an in-person format on the third Sunday this month - November 17, 2024, from 12:15pm - 1:15pm (after the service). Light lunch will be served; bring a side dish or a dessert to share if you would like. We will discuss the winter pageant and opportunities to connect through the winter months. This is also a great opportunity for RE program feedback.

We will have fewer planned adventures this month but please be sure to speak up if you have any ideas for us to connect in the coming months.

## Activities & Events in November

Mark your calendars - you won't want to miss out on the fun!

\* **November 1 - First Friday Game Night!** Join Axel and Elaine as they host this month's **Game Night**. 6 p.m. - 8 p.m. - Fireplace Room.

\* **November 17 - Committee on Family Ministry (CoFM)** meeting 12:15 p.m. - 1:15 p.m. after the service. Location TBA.

\* **November 28 - 2nd Annual Friendsgiving Potluck - Sanctuary** - Come celebrate Thanksgiving with your UUCMP family 1 p.m. - 4 p.m. See page 8.



## VOLUNTEERS NEEDED

Church members *without* little ones are encouraged to lend a hand so caregivers can have a chance to connect with our wonderful community. We appreciate your help whether working directly with our kids or to make our UUCMP campus a safe and fun place to be!

**THANK YOU!** We have been so lucky to have helping hands in RE - **thank you to our October volunteers Karen Brown, Edmund Pendelton, Amy Blondell, Konny Murray, and Warren Finch** for all your contributions this month.

With warmth and gratitude,  
Shannon

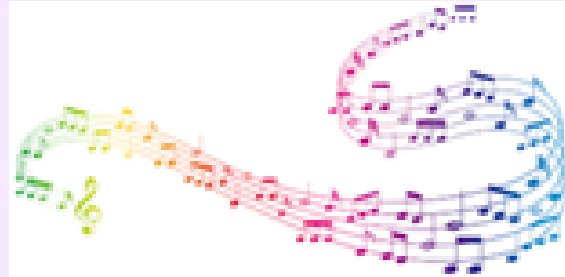
Shannon Morrison (she/her)  
Acting Director of Religious Exploration

## Musical Offerings



Do you **play an instrument**, sing, and would like to find a group where you can practice your skills in a safe environment? We would like to start Jam Sessions up again!! If you have any interest, please reach out

The Adult Community Choir continues to grow and meet **every Thursday from 7 p.m. – 9 p.m. in the Sanctuary**. This choir is open to everyone, members and nonmembers alike, to explore singing together. No prior experience is needed. Send me an email or just stop by! We are currently preparing for two services per month.



to [music@uucmp.org](mailto:music@uucmp.org)

The UUCMP Community Choir will be singing November 10 and November 24. This month will also feature special guest musicians: November 3 will feature Soquel High School's Jazz Singers and November 17 will feature Deanna Ross and Kevin Smith. November will be a wonderful music-filled month!

The **Music Committee** meets every fourth Tuesday of the month at 6 p.m. - if you would like to be on the Music Committee, please reach out to our Music Director, Jorge Torrez: [music@uucmp.org](mailto:music@uucmp.org)

-- Jorge Torrez

## Book Discussion

Rev. Axel will continue to lead a 6-session discussion of the book *Whose Story Is This? - Old Conflicts, New Chapters* by the writer, historian and activist Rebecca Solnit.


As we head into this year's election season, our conversation will reflect on how our UU values and principles might provide us with the grounding and guidance we need to engage the pressing issues of our day. The book asks: "Who gets to shape the narrative of our times? The current moment is a battle royale over that foundational power, one in which women, people of color, non-straight people are telling other versions, and white people and men and particularly white men are trying to hang onto the old versions and their own centrality." The book asks what is emerging? And why does it matter?

Please consider joining us! We will be meeting on the first and third **Tuesdays, at 7:00 p.m.** in the Fireplace Room. Please contact Rev. Axel ([minister@uucmp.org](mailto:minister@uucmp.org)) to register, or if you have questions.

### Whose Story Is This?

Old Conflicts,  
New Chapters

REBECCA SOLNIT  
Author of *Men Explain Things to Me*



*A musical journey  
to soothe  
the Soul*

JANNEKE HOOGLAND, cello

LUCY FARIDANY, piano

November 2, 2024 3:00 pm

General admission \$20. Seniors and Students \$15. Children under 12 free with adult  
Tickets at Bookmark Music in Pacific Grove, at the door,  
or online at [uucmp.org](http://uucmp.org) (click "Donate" for a link to your PayPal account.)

Unitarian Universalist Church of the Monterey Peninsula  
490 Aguajito Road, Carmel California 93923 831.624.7404

## President's Corner



Metaphors are powerful and metaphors that are grounded in our bodies are probably the most powerful of all: I “see” what you mean. What is our “calling” in life? Do we “hear” the still, small voice within? It’s time to “stand up” for what we believe in. Alongside these common metaphors I’d like to make the case for “stretching.”

From a very young age we have all had the experience of stretching out our arm and hand to reach for something. With effort came eventual success. And then there is the stretching found in yoga: we find that with gentle effort over weeks and months we are able to assume poses we could not do before, or simply be more flexible than we were when we began our efforts. Stretching is good for our bodies and because stretching increases flexibility, and flexibility is something we tend to lose as we grow older, in a way, stretching helps us to stay young. Stretching is something dancers do before they dance. And we regularly sing about life as a dance we do.

UUCMP is like a yoga studio for the head and the heart, where we are invited and encouraged to stretch in the direction of our values. Sometimes we are taken a little bit out of our comfort zones. We stretch ourselves a bit, and over time we discover we are able to do things we could not do before – be things we were not able to be before. This kind of stretching fits with our mission statement, which calls us to change ourselves, even as we change the world around us. Stretching has this dual effect. So let us continue to stretch in the direction of our values – as individuals and as a community.



--Warren Finch

## Shared Offering Nomination 2025

The Social Justice Committee (SJC) is now soliciting nominations for the Shared Offering recipients of 2025. Submissions are due by November 24, and all nominees will be discussed and voted upon at the December 1 meeting of SJC. Please attend the meeting to put in a good word for your organization and to vote!

By nominating an organization, if it is selected, you are also committing to help arrange for a representative to speak briefly on the first Sunday of their month, and to provide information about their group which we can publicize to our congregation.

Please place your nomination in the labeled box on the table in the Welcome Hall, or in the collection plate, or email the information to [sj@uucmp.org](mailto:sj@uucmp.org).

Use this form or this link: <https://forms.gle/qPy9LrpJHMBER8pt8>

**Join Our UUCMP Community for a**

# *Friendsgiving Potluck*

November 28, 2024  
Thanksgiving Day

**Gather at 1 p.m.  
Feast at 2 p.m.**

Come as you are.  
Bring something to share.

You can RSVP by scanning this code



or by putting your name on the list on the  
bulletin board at UUCMP



# BREAKTHROUGH

**MEN'S COMMUNITY**

## November Shared Plate Recipient *Breakthrough for Men*

You may not know it but *Breakthrough for Men* is one of our allies here on the Peninsula and is deserving of our moral and financial support. Here's why:

*Breakthrough for Men* and its sister organization, *Break Free*, are homegrown organizations focused on helping people become more alive, awake and connected.



Many communities have found the value in working in same-sex groups that will allow participants to disengage from deeply ingrained patterns of interaction between the sexes which can facilitate learning about those patterns.

*Breakthrough for Men* presents a series of workshops that give men a place where they can be safe, valued and welcome, just as they are right now, to look at their life experiences and what patterns those experiences have left them with. Becoming alive, awake, and connected sometimes means sitting with difficult feelings.

Sometimes men participating in Breakthrough workshops discover patterns which no longer serve them and decide they want to make changes. Breakthrough can support people making those changes; to become more authentic, better partners, better parents and more loving citizens of this world.



*Breakthrough for Men* is about men supporting other men to uncover their aliveness and to build fulfilling relationships. We share. We listen. We learn, together with the vision of growing an ever expanding community of men that reflects the diversity of human experience. We work to liberate each other from deep rooted patterns of thinking, feeling and reacting and to become more loving.

And, like UUs, love is the center of our mission as well.

-Edmund Pendelton

### Celebration of Life Service

In honor of

**Virginia Lyon**

**Saturday, November 9, 2 p.m.**

There will be a reception directly after the service.



## Join Our Church!

Even in these post pandemic times - *especially* in these times - our church seeks to be a caring community and a welcoming place. We strive to deepen our religious lives and support the spiritual growth of all who join together here, working to build a better world beginning with ourselves.



If you find you resonate with our principles and you are at least 16 years of age, then we invite you to sign our membership book.

Joining the church entitles you to vote at congregational meetings, at which we adopt budgets, elect officers, and direct the course of church programming. Above and beyond that, membership is a personal and public expression of your support of this religious community, the ideals it stands for, and the work it does.

If you are interested in becoming an “official” member of UUCMP, contact the ministers. ([minister@uucmp.org](mailto:minister@uucmp.org))

Please join us!

## Life Enrichment Programs Affinity Groups

Some groups meet both face-to-face and via Zoom in November.

**Men’s Breakfast Group** meets second Saturdays 8:30 a.m. in person at church and at 9 a.m. via Zoom. Contact: Mike Lovell. See page 3.

**Buddhist Sangha** will continue in person and via Zoom on Wednesday evenings, 7 to 8:30 p.m. Contact: Rev. Dennis Hamilton

**T'ai Chi Chih** meets every Tuesday at 4 p.m. in the Sanctuary.



### THE MISSION STATEMENT OF THE UNITARIAN UNIVERSALIST CHURCH OF THE MONTEREY PENINSULA

Welcoming all, we worship together with loving hearts and open minds,  
promoting peace, equality, and respect for the Earth.  
Questioning, reflecting,  
learning, leading . . . we change ourselves  
as we change the world.

### We Know You Have Stories to Tell!

The Worship Associates at UUCMP bring a variety of experiences and perspectives to our weekly services!

If you think it might be fun to help plan and participate in worship services, please talk to one of our ministers about joining our team. Enthusiasm is required, experience is not.

## Men's I-HELP for November 10th, 2024

On November 10<sup>th</sup>, UUCMP will host and provide meals for Men's I-HELP (Interfaith Homeless Emergency Lodging Program.) We are planning for about 20 guests. We need your help to provide donations of food for welcoming snacks, dinner and breakfast. We can also use your help with setting up, preparing food and greeting the men. Please sign up using this link:



[Men's I-HELP MEAL TRAIN](#)

You can sign into Meal Train with your Google account or Facebook; you do not have to create a new account unless you want to do so. If you need help setting up a meal train account, Kathleen will be happy to help you. Once set up, you can easily see the menu and choose the donation you wish to make.

Food donations may be left in the church kitchen after the morning worship service on Sunday. PLEASE LABEL all donations with Men's I-HELP. Food may also be brought to the church that Sunday around 3:00 p.m., but no later than 4:00 p.m. if it is ready to be served. Please use this Meal Train link to sign up by Saturday, November 9<sup>th</sup> before 10 a.m. so we know where we stand for donations, since our goal is to have all items donated.

If you just want to tell us what you are bringing, contact Kathleen and she will sign you up.  
[Men's I-HELP MEAL TRAIN](#)

If you would rather contribute monetarily to support this important mission of our church, please mark your check donation in the memo line for Men's I-Help Meals. Or, you can donate financially on the church website by using this link:  
[Donate financially](#)

If you have difficulty using the Meal Train program, please let Kathleen Craig know:  
[kathleen@CraigDesignAssociates.com](mailto:kathleen@CraigDesignAssociates.com)

Thank you for supporting this important mission of our church!  
Kathleen Craig 650-279-8639

## UUCMP Grief Support Circle

The UU Grief Support Circle will continue meeting in the Fireplace Room every 1st and 3rd Wednesday from 11-12:30. That means there will be two opportunities this month for us to get together and share stories, resources, support, fellowship (and sometimes lunch): November 6 and November 20. The group also has books available to loan to UU members and friends suffering loss and grief of any kind. For more information, contact Rev. Axel or Sharon Miller (831-601-0403).

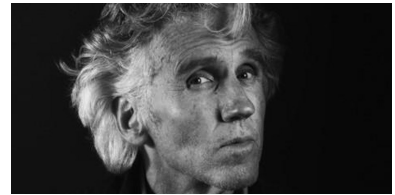


## Art News



On Tuesday, November 5th, Amanda Menefee's show will come down. Her work is now being offered at 10% off the list price. If you are interested in any of Amanda Menefee's work, please take a red dot in the comments book and mark your painting and give her a call to arrange payment.

We will be hanging our very own Bob Sadler's life size portraits of unhoused men in a display entitled *Inherent Worth and Dignity*. His bio will hang on the large gallery wall.



Bob Sadler has been creating art through photography for over 50 years. His fine art exhibit of homeless men is about to open at UUCMP and has been shown at the Weston Gallery in Carmel, CA, Art Intersection's Gallery 4 in Gilbert, AZ and 20 other locations in Monterey Bay.

Another exhibit, "Transcendent Landscapes," is hanging in the sanctuary. In January 2014, Bob delivered a lecture at the Monterey Museum of Art in Monterey, CA. His portfolios can be seen hanging in the lobby and hallways of the Goetz office building in Pacific Grove as well as the Cherry Tree Mortgage Finance Company that's about to open in the lobby of the Holman Building.



He began shooting photographs in 1965 while serving in the US Army in Vietnam and hasn't put the camera down since.

Bob has a 50-year career as a management consultant working for KPMG, Ernst & Young, and Deloitte, before running his own corporation, Sadler Consulting.

Bob relocated to Pacific Grove, CA in 1995 and moved from Pacific Grove to Carmel last month.



**Keeping the climate conversation going and building caring climate community.**

Our church and the Monterey chapter of the Climate Reality Project together launched a new Climate Café Monterey in September of this year. A Climate Café® is a pop-up space to get together with people from across a community to share conviviality and conversation about climate, including actions we can take to make a positive difference (see [www.climate.cafe](http://www.climate.cafe)). Originating in Scotland and starting mostly by Climate Reality Leaders, climate cafes are cropping up all over the world. Our Climate Café Monterey is one of the first in-person climate cafes in the USA. Coordinators include church members Charlotte Bear, Nan Foster and Mibs McCarthy, with support from Rev. Elaine Gehrman. The Climate Café Monterey meets in-person on the 2<sup>nd</sup> Saturday of every month, from 2-4 p.m. in the Fireplace Room.

To quote Tina Fawcett, PhD, Senior Researcher with the Environmental Change Institute at the University of Oxford, "To have a climate conversation you don't need to be an expert in everything or to live an irreproachably low carbon life. You just need to be yourself and to engage others in genuine discussion. Climate conversations can be many things - surprising, moving, creative, uplifting, challenging - but they are always worthwhile."

We have enjoyed two climate café gatherings since our launch, one focusing on home electrification and one on climate change and the upcoming election up and down the ballot. Both events have yielded robust conversation and community building. Participants have said they found the café to be "energizing," and "informative and helpful," and "supportive" and in some cases "therapeutic" to join with others who care about climate to learn, to share and to act. The café is less than three months old, but we are growing and look forward to seeing new faces as we continue. Each month our coordinators select a climate theme to focus our discussion. The themes arise from the stated interests of participants. Some stated interests for upcoming Climate Cafes include the ongoing work of communicating about climate in a so-called "post truth" landscape, envisioning community resilience here in the Monterey Bay, sustainable economic models, the carbon impact of tourism, and more. We hope you will join the conversation!

-- Charlotte Bear

## Vegetarian Recipe

### Shakshuka

Shakshuka (or shakshouka) is a traditional Tunisian dish featuring poached eggs in a spicy tomato sauce with onions, bell pepper, and garlic. It's usually eaten for breakfast, but I think it makes a tasty lunch or dinner, served with lots of bread to mop up the sauce.  
from Allrecipes.com



**Prep Time:** 20 mins

**Cook Time:** 20 mins

**Servings:** 4

#### Ingredients

- 3 tablespoons olive oil
- 1 ½ cups chopped onion
- 1 cup thinly sliced bell peppers, any color
- 2 cloves garlic, minced, or to taste
- 2 ½ cups chopped tomatoes
- 1 hot chili pepper, seeded and finely chopped, or to taste
- 1 teaspoon ground cumin
- 1 teaspoon paprika
- 1 teaspoon salt
- 4 large eggs

#### Directions

1. Gather all ingredients.
2. Heat olive oil in a skillet over medium heat. Stir in onion, bell pepper, and garlic; cook and stir until vegetables have softened and onion has turned translucent, about 5 minutes.
3. Meanwhile, mix together tomatoes, chili pepper, cumin, paprika, and salt in a bowl.
4. Stir tomato mixture into onion mixture. Simmer, uncovered, until tomato juices have cooked off, about 10 minutes.
5. Make 4 indentations in tomato mixture; crack eggs into indentations. Cover the skillet and cook until eggs are firm but not dry, about 5 minutes.

Serve and enjoy!

-- Lauren Keenan

## Photo directory coming -- Please update your Breeze info

Last year we began using Breeze to manage our church member data -- if you have not yet logged into Breeze, please do so soon, and please upload a photo, so that we can create an updated photo directory soon! All the information you need to access Breeze you should be able to find on our website here <https://uucmp.org/breeze-database/>

Or you can e-mail a photo to be included to [office@uucmp.org](mailto:office@uucmp.org)

Questions, contact [office@uucmp.org](mailto:office@uucmp.org)



## A Musical Journey to Soothe the Soul

November 2, 2024, 3 p.m.



Cellist Janneke Hoogland and pianist Lucy Faridany would like to take you on a musical journey celebrating the instrument described as closest to the human voice. Please join us in this exploration of classical music, a musical journey to soothe the soul. It will be an afternoon of wonderful and magical music by two incomparable musicians.

Lucy Faridany is pianist for Camerata Singers. She has also worked with the Carmel Bach Festival chorus, Ensemble Monterey Chamber Orchestra, the Pacific Repertory Theater, the Western Stage, and the Monterey Symphony Orches-



tra. She has been the accompanist for UUCMP since 2007. She lives in Carmel Valley with her husband, Rob, and daughter Giulia.

Janneke Hoogland plays cello with various groups on the Peninsula including the Carmel Chamber Players, the Western Stage, Camerata Singers, I Cantori di Carmel, Monterey Peninsula Voices, and Aria Women's Choir. She is also a regularly featured musician at Church in the Forest. Before moving to Carmel she performed for over twenty years in Rochester, New York, with the Rochester Philharmonic and Rochester Chamber Orchestra.

Unitarian Universalist Church  
of the Monterey Peninsula  
490 Aguajito Road  
Carmel, CA 93923

**Office Hours**

The office is open for limited hours:  
10 a.m. to 12 p.m. on Wednesdays and  
Fridays.  
Email to [office@uucmp.org](mailto:office@uucmp.org)

**Co-Ministers**

the Revs. Elaine and Axel Gehrman  
[minister@uucmp.org](mailto:minister@uucmp.org)

**Acting Director of Religious Exploration**  
Shannon Morrison  
[dre@uucmp.org](mailto:dre@uucmp.org)

**Church Administrator**  
Amy Razzak  
831- 624-7404 x 2105  
[admin@uucmp.org](mailto:admin@uucmp.org)

**Office Assistant**  
Karina Briseno  
831- 624-7404 x 2104  
[office@uucmp.org](mailto:office@uucmp.org)

**Music Director**  
Jorge Torrez  
624-7404 x 2101  
[music@uucmp.org](mailto:music@uucmp.org)

**Pianists**  
Lucy Faridany  
Kiefer Taylor

**Caring Network**  
[caringnetwork@uucmp.org](mailto:caringnetwork@uucmp.org)

**NUUsletter Editor**  
Carol Collin  
[newsletter@uucmp.org](mailto:newsletter@uucmp.org)

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The Revs. Fred and Margaret Keip

Return Service Requested



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Please send NUUsletter submissions as an email attachment by the 16th to [newsletter@uucmp.org](mailto:newsletter@uucmp.org), and indicate UUCMP NUUSLETTER in the subject line.

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